

# Bears ♥ these trails too!

Follow these simple steps to **KEEP HUMANS AND BEARS SAFE** while you are in this area.

## **Never approach or feed a bear.**

Bears can do a lot of damage if they are startled or defending their food or young. Conflict between humans and bears often means that the bear will be killed. You are putting the bear in danger if you try to interact with it.

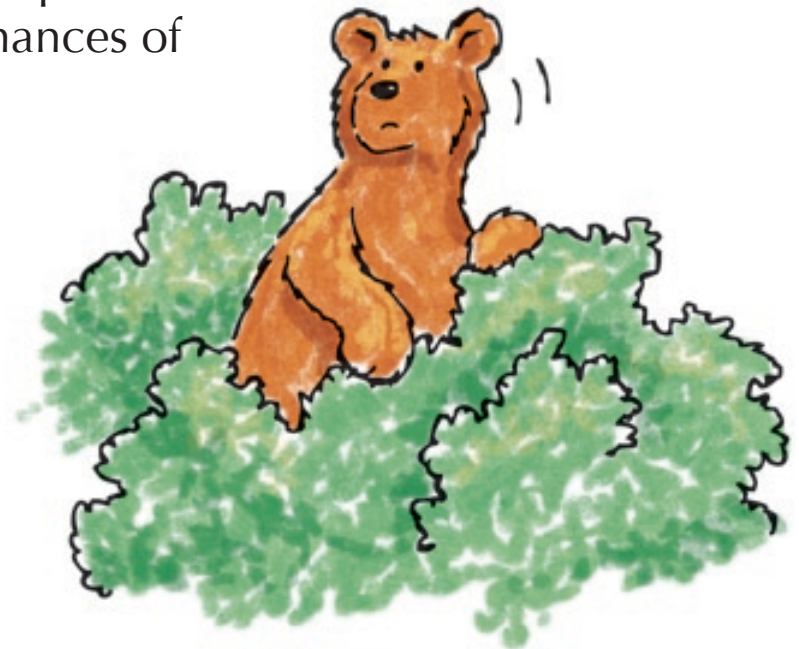


## **Be prepared**

Carry bear spray and know how to use it properly. Make sure it is not expired and mount it in an accessible place on your bike.

## **Bears do not like to be surprised**

A surprised bear may react aggressively. Travelling at high speed increases your chances of surprising a bear.



## **Make noise and stay alert**

Making noise, especially if travelling alone, will warn a bear that you are coming. Call out before every sharp turn and drop on the trail. Carry a speaker in your pack or mount it on your bike. Bears make noise when disturbed but you won't hear them if you are wearing earphones. It is safest to travel through bear country in groups.

## **Keep dogs on a leash**

Even well trained dogs may chase a bear towards its owner or other trail users. It is impossible to predict the outcome of an encounter between a dog and a bear. Please consider leaving your dog at home if you are not able to secure your fine friend while cycling.

## **Bears travel through this area and eat many of the plants along the trails.**

Bears are out of their dens from April to October and sometimes longer. They may even wake in the winter months to find food.

Bears reproduce slowly. Conflict between humans and bears puts their populations at risk.

Bears can be quiet and hard to see. Tracks and poo are sure signs that there are bears in the area.

## **Signs of bears:**



Tracks



Scat



Markings on trees

